

*‘Care without compromise’
throughout the North*



Welcome to a real home

Welcome to Glenholme House, situated in Roker, a highly desirable area within the city of Sunderland. We are located on the north side of the River Wear, minutes walking distance of the sea front and Roker Park. Built in 1887 the house, with its large secluded walled garden, was until 1929 a private residence which later became the Vicarage for St. Andrew's Church. The home was extensively redesigned and refurbished in 2007/08 to provide the highest standards of comfort.



Our Aim

Our aim is to provide individual care in a relaxed and friendly environment. Everyone has the right to live their life in one's own way and therefore our resident's voice is important to us: we listen, we hear and we act upon - basically providing care without compromise.

Activity, fun, friendship and support

Services and Health

Medical attendance is provided by the local General Practitioners; residents can continue with their own doctor should they be moving within the immediate area.

A Chiropodist visits every six weeks and a visiting Dentist and Optician provide annual 'check-ups', although additional visits are arranged to suit individual needs. Also on hand is a hairdresser who visits every week.

Activities

Stimulation and relaxation are very important parts of the care we offer. We focus on a balance of individual, one to one and group activities. These include topical discussions based on newspaper readings, music and dancing, arts and crafts, stimulating indoor activity, walking and visits to local tourist and historical centres. An Aromatherapist carries out regular sessions.



Time to relax...

Relaxation

Three separate lounges/sun lounges are available for those enjoying company or quieter moments, with colour television/DVD, in-house film/music library and large print books. We have reminiscing discussions on days gone by and classical music sessions. There is a lawned area with patio and surrounding gardens.

The local clergy visits regularly, all religions are welcome and individual requirements are respected.

Home Cooking

We are proud of our home cooking and offer a varied menu of traditional dishes. Special diets are catered for. Details of meal times and menus are displayed in our promotional pack provided in each resident's room.



Character

Accommodation is provided for 37 residents, with a choice of either single or twin-bedded rooms, mostly en-suite. All rooms are tastefully furnished, although residents may, if they wish, personalise their room with their own furniture and possessions.

There is 24 hour room service, tea and coffee making facilities are available on request. All rooms are equipped with TV and Telephone points. A lift is provided for easy access to first floor rooms.

...and be active

Visiting

Choosing a Care Home for oneself or for a family member is never easy. Should you decide to come to Glenholme, whether it be long term or simply a holiday, we hope you will make our home your home. Allow our staff to spoil you with old-fashioned hospitality together with high standards of service, giving you both quality and value. Our staff are on duty at all times to attend to any request you may have. Friends and relatives are very welcome at all times. Why not be our guest and join us for Sunday lunch and sample the friendly atmosphere.

Meetings

Regular meetings with residents and families are carried out throughout the year. This provides residents with the opportunity to air their views and suggestions on day to day living, menu choice, in house activities and outings.

Fees

These vary according to room allocation and the level of service required. Our rates are available on request from the manager's office. We will be pleased to assist with advice on financial matters at any time.

Our high standards of care are available to all members of the community, whether publicly or privately funded.



'Care without compromise'
throughout the North

GLENHOLME RESIDENTIAL & DAY CARE CENTRE

Roker, Sunderland SR6 9PU

Tel: 0191 549 2594

email: glenholme@wellburncare.co.uk

Registered with the
Commission for Social Care
Inspectorate for 37 residential,
old age, (OP) and DE (E).

Our other homes and their locations

<i>Craghall, Jesmond, Newcastle NE2 3RE</i>	Tel: 0191 284 6077
<i>Eighton Lodge, Low Eighton, Gateshead NE9 7UB</i>	Tel: 0191 410 3665
<i>Garden House Residential Home, Spittal, Berwick TD15 1RD</i>	Tel: 01289 330 942
<i>Grimston Court, Hull Road, York YO19 5LE</i>	Tel: 01904 489 343
<i>Heatherdale, Broomhill, Northumberland NE65 9RT</i>	Tel: 01670 760 796
<i>Riverhead Hall, Beechwood Lane, Driffield, E. Yorks YO25 6NU</i>	Tel: 01377 253 863
<i>Rosevale, The Village, Wigginton, York YO32 2PR</i>	Tel: 01904 764 242
<i>Ryton Towers, Ryton, Gateshead NE40 3PG</i>	Tel: 0191 413 8518
<i>St Catherine's, Shipton by Beningbrough York YO30 1AH</i>	Tel: 01904 470 644
<i>St. George's, Harraton, Washington NE38 9AH</i>	Tel: 0191 419 1878
<i>Wellburn House, Ovingham, Northumberland NE42 6DE</i>	Tel: 01661 834 522
<i>Whorlton Grange, Westerhope, Newcastle NE5 1ND</i>	Tel: 0191 214 0120

Wellburn Care Homes Limited

Head Office

Tyne View House, 9 Grange Road, Newburn
Newcastle upon Tyne NE15 8ND

Tel: 0191 229 3530

Fax: 0191 229 3531

email: info@wellburncare.co.uk

website: wellburncare.co.uk

